

## Inspired Pilates class information Spring 2025

**Monday, Donhead St Mary Village Hall. SP7 9DQ.**

**09.15 Intermediate level class.**

**Monday, Teffont Evias. SP3 5RQ.**

**Various 1-1 and 2-1 apparatus classes 11.30, 12.30 and 13.45.**

**19.30 Improvers level class.**

**Tuesday, Teffont Evias. SP3 5RQ.**

**10.00 Intermediate level class.**

**11.15 Beginners mat class.**

**1-1 slot hour long class: 12.30 apparatus.**

**1-1 slot hour long class: 13.45 apparatus.**

**Wednesday, Teffont Evias. SP3 5RQ.**

**19.30 Improvers Pilates class.**

**Thursday, Teffont Evias. SP3 5RQ.**

**10.00 Improvers mat class.**

**19.30 Advanced level class.**

**Various 1-1 slots: 11.15, 12.30 and 13.45.**

**Friday, Teffont Evias. SP3 5RQ**

**Various 1-1 and 2-1 hour long apparatus classes available.**

**Friday - 10.00, 11.15 and 12.30.**

**See the next page for pricing and  
membership details...**



INSPIRED PILATES

E: [inspiredpilates@hotmail.co.uk](mailto:inspiredpilates@hotmail.co.uk)

T: 07966 174 864

## 2025 Pricing

**Our memberships boast 5 free classes a year reducing singular class prices to £11.57 per class!**

**The prices below are based on teacher holidays and bank holidays.**

### Class prices per month

**Monday- 40 classes for £35/pm**

**Tuesday- 41 classes for £38/pm**

**Wednesday- 42 classes for £38/pm**

**Thursday- 41 classes for £38/pm**

**Friday- 42 classes for £35/pm**

### Drop in- £14/pc

**Pause your membership for £10/month.**

**Upon registration you will receive term dates and any other relevant information.**

### Reformer classes prices

**1-1 private**

**£55**

**£265 for 5**

**£500 for 10**

**2-1 private**

**£60**

**£290 for 5**

**£550 for 10**

### Lisa Rich Qualifications:

Graduated Scott Studio, Somerset, 2011- Mat work. Graduated Jessica Moolenarr - London 2014 - Apparatus Training. Fully qualified, insured and first aid trained.



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